

K.N.O.W. ² PREVENT

KNOWLEDGE NETWORK OF WESTCHESTER

You can't PREVENT what you don't know!

A WESTCHESTER VIRTUAL SPEAKER SERIES

TUESDAY, JAN. 23

7-8:30 PM



Dr. Ken Ginsburg MD, MSEd

Dr. Ken Ginsburg practices Adolescent Medicine at The Children's Hospital of Philadelphia, and is a Professor of Pediatrics at the University of Pennsylvania School of Medicine. He directs Health Services at Covenant House Pennsylvania, where he serves Philadelphia's youth enduring homelessness.

Dr. Ginsburg is the Founding Director of The Center for Parent and Teen Communications which works to empower parents with strategies and skills to strengthen family connections to help them guide their teens to become their best selves.

His books, "Building Resilience in Children and Teens: Giving Kids Roots and Wings" as well as "Congrats- You're Having a Teen!: Strengthen Your Family and Raise a Good Person" and his multimedia toolkit "Reaching Teens: Strength-Based, Trauma-sensitive, Resilience-building Communication Strategies Rooted in Positive Youth Development" are published by the American Academy of Pediatrics.

Protective Power of Parents and Caregivers to Keep Young People Safe and Build Them to be their Best Selves

Join Dr. Ken Ginsburg, who will speak about the critical importance of parents and caring adults in the lives of adolescents. It is the security of your love that allows young people to launch successfully into an uncertain future. Your high expectations hold them accountable, keep them safe, and shape them to become their best selves. The best way to protect your child is to prepare them to manage life's complexities while establishing clear boundaries beyond which they cannot stray. When you model self-care and healthy stress management strategies, you teach them to get through tough times. So if you're the parent of a teen, tune in to remind yourself how much you matter.

If you have younger children, now is the time to invest in building wise, strong children who will thrive through adolescence and beyond.



PRESENTED BY



REGISTER AT KNOW2Prevent.org

SUPPORTED BY



QUESTIONS?
INFO@KNOW2PREVENT.ORG

