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You can't PREVENT what you don't know!

A WESTCHESTER VIRTUAL SPEAKER SERIES

WEDNESDAY, MARCH 6

7-8:30 PM



Marc Potenza, MD, PhD
*Stephen M. Southwick
 Professor of Psychiatry,
 Yale University
 School of Medicine*

Dr. Potenza is a board-certified psychiatrist with sub-specialty training and certification in addiction psychiatry. He completed his medical training, including internship, psychiatric residency and addiction psychiatry fellowship at Yale. Currently, he is a Professor of Psychiatry, Child Study and Neuroscience at the Yale University School of Medicine where he is Director of the Division on Addictions Research, the Center of Excellence in Gambling Research, the Yale Research Program on Impulsivity and Impulse Control Disorders, and the Women and Addictive Disorders Core of Women's Health Research. He is also a Senior Scientist at the Connecticut Council on Problem Gambling.

Dr. Potenza is a leading figure in addiction research. He has published over 800 papers and book chapters and is ranked first globally by the independent firm Expertscape in multiple clinical research categories including gambling and addictive, impulsive and compulsive behaviors.

Adolescents, Sports Betting, & Gaming: How much is too much?

While many teens are involved in online games and 60% of high school students have gambled (primarily through sports betting), parents and caregivers are often unaware of the possible dangers. This presentation will help parents and other caring adults understand the scope of adolescent involvement in sports betting and gaming and the social and emotional impact on middle and high school aged students.

With this year's NCAA "March Madness" tournament occurring from mid-March through early April and coinciding with school spring breaks, it is anticipated that young people will have more exposure to conversations about betting, more opportunities to place bets, and may spend more time (and possibly money) playing on-line games. This timely presentation will include warning signs of harmful involvement in online betting and gaming and will explore the relationship of betting and gaming to the development of youth problem gambling, gaming addiction, substance use, and mental health problems. Dr. Potenza will also share tips for how to engage your teen in conversations about these topics.



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