

You can't PREVENT what you don't know!

A WESTCHESTER VIRTUAL SPEAKER SERIES

Joshua Wayne, Helping Kids Today Become Successful Young Adults Tomorrow

“TIP” JAR

TAKE-AWAYS - INFORMATION - PROMPTS

Maintain a “seat” on your child’s Board of Directors
A strong relationship is the best (and really only) shot we have to influence our children’s behavior when we’re not around.

- Intentionally work to keep connections STRONG
- LISTEN rather than LECTURE
- CHOOSE your battles wisely

Focus on things that really matter, not the things that annoy us
Remember to use "The Gambler Theory"

Hold'em: What are the things that are "non-negotiable" for you/your family?
Examples: issues of safety and respect

Fold'em: Where are some places you can give your teens autonomy to make their own choices? Examples: their hair/clothing, their bedroom

Some issues will be straightforward while others may require a careful and intentional approach. Keeping the lines of communication open builds trust and helps maintain your seat on their Board of Directors.

Play The Long Game

- Focus on who they will be in 5 years (or 10, or 20...) rather than getting rattled by every bump in the road
- It is natural to want to help and protect, but kids need HEALTHY STRUGGLE in their lives
- This is the only way they can truly build SELF-CONFIDENCE

PRESENTED BY



REGISTER AT
KNOW2Prevent.org



QUESTIONS?
INFO@KNOW2PREVENT.ORG

SUPPORTED BY

