

K.N.O.W. ² PREVENT

KNOWLEDGE NETWORK OF WESTCHESTER

You can't PREVENT what you don't know!

A WESTCHESTER VIRTUAL SPEAKER SERIES

WEDNESDAY, OCT. 25

7-8:30PM



Crystal Collier, PhD, LPC-S

Crystal Collier, PhD, is a therapist, prevention researcher, educator, and a person in long-term recovery. Dr. Collier's comprehensive prevention model teaches the neurodevelopmental effects of risky behavior to children, teens, teachers and parents. The recipient of numerous awards in the prevention science and addiction fields, her book *The NeuroWhereAbouts Guide* received a commendation from The National Council on Alcoholism and Drug Dependence.

Know Your NeuroWhereAbouts: Brain Based Strategies for Parents & Caregivers

Taking risks is a natural behavior for teens, but what is acceptable and when should you step in? Join us to learn parenting techniques based on your child's stage of brain development. Understand the effects of alcohol, marijuana, technology overuse, pornography, first person shooter games and social media on the teen brain and why you need to "be your child's frontal lobe" until they grow one of their own.



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